**Physical Education**

Why do we teach our pupils:

Each of our children is a precious and unique individual, with God given talents and abilities, created to fulfil a special role in God’s intricate plan for the world.

***‘“For I know the plans I have for you”, declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future”.’***

***Jeremiah 29:11***

*To fulfil this vision we believe our teaching of Physical Education will enable pupils to*:

-Develop competence to excel in a broad range of physical activities

-Be physically active for sustained periods of time

-Engage in competitive sports and activities

-Lead healthy, active lives

*Within our teaching of Physical Education we aim to:*

-Ensure all children are Physically Literate for their life long journey

-Give children a wide range of skills which can be developed

-Enable children to develop passion and enthusiasm for Physical Education, Physical Activity and School Sport

-Promote and encourage the values of Sport including Passion, Honesty, Self Belief, Teamwork, Determination & Respect.

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| Aim: | What contribution does Physical Education make to this: |
| **F**aith - develop courage, resilience and patience, through their own personal faith in God, so they can retain hope and joy even during hard experiences. **(John 1:12)** | -Sport allows children to test themselves In a range of challenging situations.  -Opportunities for children to take risks, challenge themselves and overcome obstacles.  -Experience the feelings of winning and losing and how to use these experiences in positive ways. |
| **R**elationships - flourish through strong relationships with themselves, each other, creation and God. **(Luke 10:27)** | -All areas of Physical Education allow children to work as part of a team and encourages the importance of working together to achieve success.  -Understand their individual role within a team environment and how and individual contributes to group success. |
| **U**niqueness - have the self-confidence to understand their uniqueness and God-given purpose to become the person God created them to be. **(Matthew 10:30)** | -Understand that everyone is physically unique with their own strengths and weaknesses.  -Understand in Physical Education a wide range of skills both inside and outside of the body are required. |
| **I**ntellect – develop a keen intellect and use this talent and ability wisely to protect and enhance themselves, their communities and the environment. **(Proverbs 3:13)** | -Children are able to apply their physical and cognitive skills to perform in a range of situations  -Able to select and apply school appropriately  -Solve tactical problems through decision making, cooperation and teamwork. |
| **T**reat themselves and others with dignity and respect maintaining a healthy body and thriving community. **(1 Peter 2:17)** | -Allow children to be physically active as much as possible  -Understand the importance of physical activity and maintaining a healthy lifestyle  -Promote the values of dignity, respect , honesty and fair play. |
| **S**alvation – have a recognition that we need to seek forgiveness through Jesus to become friends with God. **(Ephesians 2: 8-9)** | -Promote the importance of ‘Healthy Body, Healty Mind’ and how this can contribute to positive mental health and well-being.  -Understand the importance of forgiveness within a sporting situation (Eg – reacting to foul play) and how this should contribute to a positive atmosphere. |